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Comprehensive and coherent, this guide to a complex system of Buddhism is so authoritative that it has been employed in the instruction of Buddhist priests. Translated by the distinguished scholar Teitaro Suzuki, the text discusses the essentials of Mahayana Buddhism, including how humans can transcend their finite state, practices and techniques to assist in the awakening and growth of faith, and the most developed form of tathagata-garbha, or Buddha-matrix teachings.

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