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Nutraceuticals are complementary medicines of natural origin. Usually obtained from a food source, they are sold as isolated, purified components in pharmacological doses for specific ailments. The international market for nutraceuticals is rapidly expanding and new research is constantly being conducted. New products are appearing on the market, some with novel therapeutic applications. This new edition of Nutraceuticals reflects these changes and has broadened its scope with coverage of: *Monographs on 25 nutraceuticals including soy and tea *Discussion of nutraceuticals according to disease state and additional chapters on: *Synergism and combination therapies *Safety, adverse effects and interactions *Quality issues *Minor nutraceuticals. This authoritative text assesses the medical and scientific evidence for the use of nutraceuticals for prevention or treating important disease states. It will be of value to practising pharmacists, other healthcare professionals and complementary medicine practitioners.