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**Sinopsis**

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This book examines the sustainability of cities and regions and concludes that currently sustainability is not achievable. By identifying how cities and regions in the past have maintained or lost sustainability and how cities and regions of today might achieve sustainability in the future, it

gives a clear definition, and an understanding of the true meaning, of sustainability

provides a new conceptual framework for the assessment of the sustainability of cities and regions

reveals what options are available for humankind to achieve or loose sustainability

identifies research that will allow the systematic establishment of the appropriate indicators for sustainable development in cities and regions.

Presenting a framework to guide and direct research in the measures needed to achieve and maintain sustainability, the book will be of considerable help to local authorities and political and government bodies responsible for establishing guidelines for the planning and monitoring of sustainable urban development. It will be of fundamental interest to ecologists, environmentalists, geographers, regional planners and urban designers, both in private practice and academia.

**Contents.**

Part 1: The Quest for Sustainable Development 1. United Nations Frameworks for Sustainable Development 2. The EU Debate on Sustainable Development 3. The UK Guidance to Achieve Sustainable Development 4. Best Practice Case Studies 5. Conclusions  
Development Part 2: A Scientific Foundation for Sustainable Development 6. Science, Complexity and Sustainability 7. Settlements and Cities in History that correspond to Types 0, 1 and 2 of Sustainability 8. Challenges to Sustainability 9. Availability and Choice of Options

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Authors.

Hildebrand Frey is a retired senior lecturer in the Department of Architecture at Strathclyde University. He was the founder and Director of the Urban Design Studies Unit and the postgraduate urban design course. In search for sustainable development, he explores ways of improving the form, socio-economic profiles, land use and transport patterns and environmental conditions of cities and city regions.

Paul Yaneske is a physicist and mathematician who has spent a large part of his academic and research career on investigations relevant to sustainability, particularly the scientific principles and management systems that underpin and implement it in the context of the built environment. Currently senior lecturer in the Department of Architecture at Strathclyde University, he has been a partner in an environmental design practice, Associate Dean of the Faculty of Engineering and founding director of a research Unit dedicated to sustainability and environmental management.