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This new text presents a wealth of ideas and methods for using collaborative, strengths-based practice by social workers or counselors. It looks at the conditions, factors, and practices that most often lead to success in therapeutic outcomes and translates them into common-sense practical methods.

Through in-depth discussion, client examples, clinical vignettes, and exercises the author shows practitioners how to create a respectful attitude by becoming: culturally sensitive; collaborative; client informed; competency based; and change oriented. It is based on decades of research that have been demonstrated to be influential in therapeutic outcomes.