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This book is about how we think and how what we think shapes our attempts to manage the ongoing course of our lives. Our primary mode of thought is in the form of stories, called narratives, which help us make sense of what is going on around us and provide context for it by linking it to what has happened in the past. Moreover, narratives allow us to use the past and present to make educated guesses, called forecasts, about what will happen in the future. When the forecasted future is undesirable, we intervene to ensure that the actual future, when it arrives, is more to our liking. Narrative thought has its limits, particularly when logical rigor is required. The implications of these limits are discussed, as are the ways in which people have attempted to overcome them.